



The 2013 Red Ribbon Week Campaign, organized at Ypsilanti Community Middle School by the RAHS Health Center's Prevention Program and Project SUCCESS' Students Against Destructive Decisions (SADD) members, was a huge success! Red Ribbon Week is our nation's oldest and largest anti-drug campaign, celebrated each year by an estimated 80 million participants. Ypsilanti Community Middle School held school-wide activities each day from October 28th-31st. The national theme was, "A Healthy Me is Drug Free."

SADD members helped create themes each day, design posters, promoted student involvement, and championed the Drug Free message. On Monday, 412 students participated in "Be a 'Smartie,' Be Drug Free," lunch activity. Students had the chance to guess how many "Smartie" candies were in a tub for a chance to win a backpack full of prizes. On Tuesday, 526 students wore red in support of Red Ribbon Week on and received a Hershey's Hug for our theme of "Hugs not Drugs!" On Wednesday, 260 students pledged to live a healthy, ATOD (Alcohol, Tobacco and other Drugs) Free life during our "Post-It Pledge." On our final day, students were allowed to wear pajamas to school to "Put Drugs to Rest," and learned healthy ways to cope with stress instead of turning to drugs or alcohol.



The RAHS Health Center, Project SUCCESS, and the YCMS SADD members would like to give a big thank you to all the students and staff who participated in this week's Red Ribbon Week activities—we had over a total of 1,255 combined participants! Let's continue to promote and practice healthy decisions and avoid the dangers of drug and alcohol use in our schools and community.

