

# APR 2023 YPSILANTI MIDDLE TRACK



SUN	MON	TUE	WED	THU	FRI	SAT
						<b>01</b>
<b>02</b>	<b>03</b>	<b>04</b>	<b>05</b>	<b>06</b>	<b>07</b>	<b>08</b>
	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	HALF DAY NO PRACTICE	
<b>09</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
	NO SCHOOL NO PRACTICE	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
	TRACK MEET @ PINCKNEY BUS LEAVES 2:00PM	NO PRACTICE	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	PRACTICE 2:30-4PM	

\*All runners must have a physical to participate

Come to practice ready to run indoors and outdoors

(50 degrees and higher we will be outside)

\*\*\*\*\*If it rains, we will let you know about practice \*\*\*\*\*

Bring running gear, shoes and your own water

Bag lunches will be available after school and before track meets

Please have your own transportation setup to take you home after practice and meets.

Coach Scott 313-549-5885 & [dscott8@ycschools.us](mailto:dscott8@ycschools.us)

Coach Ms.Shajuan 734-674-8323

Coach Kennedy 734-778-4344

Coach Payne 306-715-6529

Coach Alt 734-476-1395