Ypsilanti Community Schools
CSH Team Meeting Minutes
November 7, 2014

- Welcome

- The work ahead
    - Sub-Committees, action steps
        - Mental Health
            - need a “toolbox” of strategies for students
            - OT/PT zones (Claudia Black)
            - Ala Teen in YCS, long discussion around creating a support group for ACCE
            - Lynn Malinoff will help organize groups, LFG will set up a meeting with ACCE leadership
            - hold a 1 hour PD session with staff at ACCE
            - Twitter the release of the concern report, post it on Facebook
        - Physical Health
            - What are other schools doing so that they do not withhold activity as punishment?
            - Explore what S3 schools do
            - Alternative ideas for students - need more of a toolkit so activity is not used or withheld as punishment
            - Building level crisis/intervention response for individual students, a student support intervention team
            - peer mentoring, peer mediation (Susanna Hanrath)
        - Nutrition
            - Invite Honey Allgood to meetings
            - How best should we educate from the top down to get the word out?
            - How should we educate the parents, empower building level staff to include health food options?
            - Create a parent pamphlet from synapsis
            - Beth Darnell will provide a list of suggested foods for snacks
            - Get a list of foods and prices from food service of smart snacks, to principals, teachers, partners, Lynn Malinoff
            - Wellness Policy tables at P/T conferences

- Farm Raiser discussion - send notifications to AD, principals, Band, Robotics
- Recommend fundraiser because it fits in the wellness policy guidelines
- Next steps - the committee will put together a pamphlet of fund raiser options to distribute

10:00-11:00

- Partner Updates
- Community Health Fair - Beth Darnell
    - Desired date is Sat, January 17 for a community health fair at YCSMS (dental screenings, nutrition information, HOPE America)
    - Lynn Malinoff will work with the organization to tie it into the Health/Arts Gala at YCSMS
    - Planning meeting for the Health Arts Gala on December 10 at 12:00
- Communications
    - work with Emma Jackson and Jerilyn Lynn for communications
    - invite a student representative to the committee
    - handouts - have available in meetings for parent events
- Possible change in meeting dates - approved
    - 12-11-14 (Thursday) to 12-12-14 (Friday)
    - 1-9-15 (Friday) to 1-8-15 (Thursday)
    - 2-12-15 (Thursday) to 2-13-15 (Friday)
    - 3-13-15 (Friday) to 3-12-15 (Thursday)
    - 4-16-15 (Thursday) to 4-17-15 (Friday)
    - 5-8-15 (Friday) to 5-7-15 (Thursday)
    - 6-11-15 (Thursday) to 6-12-15 (Friday)

Possible Next Meeting Agenda Items:
MOU process/procedures for 2015-16
HSAT unfinished components
Set up a quarterly newsletter committee - interview staff and students that are implementing wellness strategies

Members Present:
Laura Frey-Greathouse - YCS
Diane Carr - YMCA
Peter Girz - CTC Ypsilanti

Charles Wilson - Washtenaw Public Health
Mary Beno - WISD/LESA
Beth Darnell - St. Joe's/LESA
Lynn Malinoff - EMU
Cindy Bowers - YCS - Holmes
Margarita Solis Del - Growing Hope
AJ Henrickson - YCS- YCSMS
Mikahal Ashe - Washtenaw Public Health
Sharon Sheldon -Washtenaw Public Health
Tracy Walker - YCS